

CAMPING TRIP

Credit Options: All students earn .5 PE + either Health or Outdoor Skills

9-12th PE (depending on which grade the student is in)
Health (10th grade requirement)
Outdoor Skills 1 (elective)

*once credit choices are selected on the enrollment form they **cannot** be changed.

DATES: June 4-6th (Logan Canyon)

SCHEDULE: 9:30am Saturday-Monday (return ~12pm)

***MANDATORY STUDENT & PARENT MEETING:**
May 4 @ 6:00

COST: \$1275 (includes instruction, course fees/materials, transportation, camping fees, breakfast + dinner).

Students are responsible for their camping equipment + lunch/snacks.

BEFORE THE TRIP:

- ❑ Students will be given a hiking log & are required to complete 10 miles of hiking within 30 days of their trip (one hike must include at least 500 feet of elevation gain).
- ❑ Students will write a two-page paper, give a 3-4 minute presentation on that topic during the trip, and complete a 10-mile hiking log (at least one hike must include at least 500 feet of elevation gain) within 30 days of the trip departure. All work is due on (or before) the first day of class to earn full credit.

TETON OUTDOOR ADVENTURE

Credit Options: All students earn .5 PE + either Health or Outdoor Skills

9-12th PE (depending on which grade the student is in)
Health (10th grade requirement)
Outdoor Skills 1 (elective)

*once credit choices are selected on the enrollment form they **cannot** be changed.

DATES: June 8-11th (Driggs, Idaho)

SCHEDULE: 9:30am Wednesday-Saturday (return ~2pm)

***MANDATORY STUDENT & PARENT MEETING:**
May 5 @ 6:00

COST: \$1600 (includes instruction, course fees/materials, transportation, recreation/river fees, camping fees + all meals).
Students are responsible for their camping equipment + discretionary spending money.

***students go on a guided river rafting day-trip**

BEFORE THE TRIP:

- ❑ Students will be given a hiking log & are required to complete 10 miles of hiking within 30 days of their trip (one hike must include at least 500 feet of elevation gain).
- ❑ Students will write a two-page paper, give a 3-4 minute presentation on that topic during the trip, and complete a 10-mile hiking log (at least one hike must include at least 500 feet of elevation gain) within 30 days of the trip departure. All work is due on (or before) the first day of class to earn full credit.

BACKPACKING TRIP

Credit Options: All students earn .5 PE + either Health or Outdoor Skills

9-12th PE (depending on which grade the student is in)
Health (10th grade requirement) A
Outdoor Skills 2 (elective)

*once credit choices are selected on the enrollment form they **cannot** be changed.

DATES: July 14-16th (Uinta Mountains)

SCHEDULE: 9:30am Friday-Saturday (return ~12pm)

***MANDATORY STUDENT & PARENT MEETING: June 1 @ 6:00**

COST: \$1100 (includes instruction, course fees/materials, transportation, recreation/river fees, camping fees + all meals).

Students are responsible for their camping equipment + meals.

BEFORE THE TRIP:

- ❑ Students will be given a hiking log & are required to complete 10 miles of hiking within 30 days of their trip (one hike must include at least 500 feet of elevation gain).
- ❑ Students will write a two-page paper, give a 3-4 minute presentation on that topic during the trip, and complete a 10-mile hiking log (at least one hike must include at least 500 feet of elevation gain) within 30 days of the trip departure. All work is due on (or before) the first day of class to earn full credit.

PE DAYTRIP

Credit Earned: PE + Health

9-12th PE (depending on which grade the student is in)
Health (10th grade requirement)

DATES: August 1-4th

SCHEDULE: 11:15 - 5:00 Monday - Thursday

COST: \$1100 (includes instruction, course fees/materials, transportation, + recreation fees).

Students are responsible for their own sack lunch.

BEFORE THE TRIP:

- ❑ Students are required to complete **25 hours** of physical activity within 45 days of the start of class. This activity log will be emailed to the student/parent and must be signed by a parent.
- ❑ The potential activities for this course include: indoor surfing, indoor rock climbing, hiking, golfing, ultimate frisbee, soccer, and/or basketball. **Participation in every planned activity is required to earn credit for this course.** Students who opt out or do not participate will lose 10%/day (minimum) and may not earn PE credit.
- ❑ Students will write a two-page paper, give a 3-4 minute presentation on that topic during the trip, and complete a 25 hour activity log within 45 days of the start of class. All work is due on (or before) the first day of class to earn full credit.